

Medicaid Work Requirements: Iowa

Operational briefing for state Medicaid leadership

168K

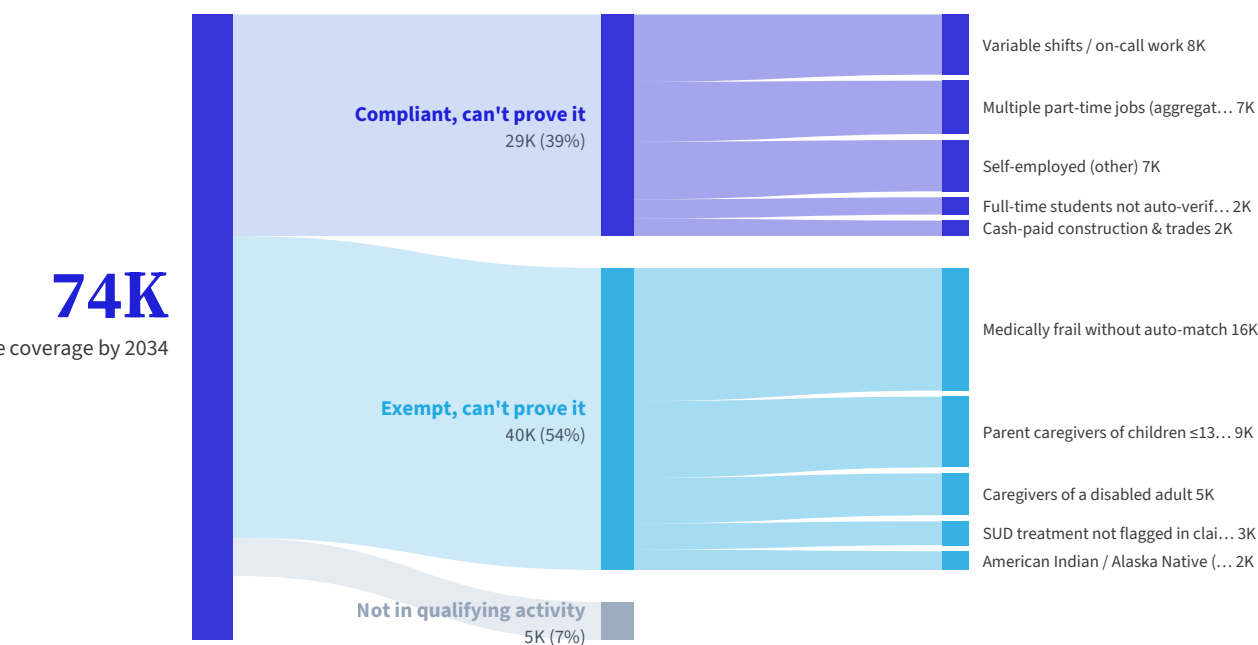
adults in Iowa are estimated to be subject to the 80-hour-per-month work requirement starting **December 31, 2026**. About **74K** are projected to lose Medicaid coverage by 2034 — most not because they fail to work, but because they can't clear the six-month renewal paperwork.

SUBJECT TO VERIFICATION	PROJECTED LOSS BY 2034	EX PARTE CAPABILITY
168K	74K	56
167,800 adults	74,447 people	/ 100 composite

Within Iowa, the burden is not evenly spread. **10 counties (10.1% of all 99 statewide) hold 50% of the affected enrollees**, led by **Polk County** at 13.7% of the state's subject pool. This brief has five parts: why your losses will look the way they do, where verification will fail hardest, how capable your state already is at automatic verification, and what to do before the deadline.

Why your state's losses will look the way they do

Our bottom-up model projects **74,447** Iowa adults will lose Medicaid by 2034 under this provision. Most are not losing it because they aren't working. They lose it because the verification system can't confirm what's already true about them. In Iowa, the single largest at-risk group is **Medically frail without auto-match** (about 16K).

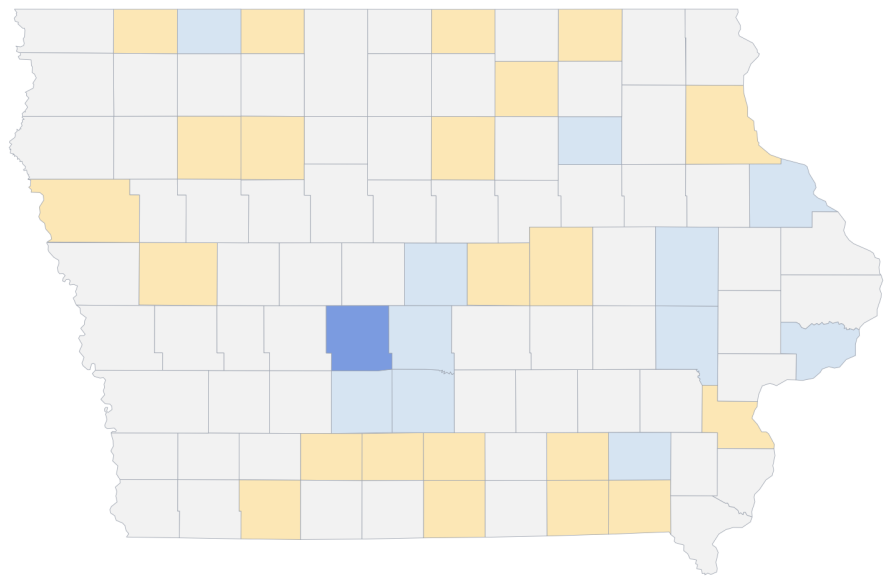


Each subgroup is sized bottom-up from ACS PUMS, SAMHSA, BJS, and the academic Section 1115 work-requirement literature; the full parameter set is in the methodology on the last page. Every county, with subject count and projected loss, is in the CSV download.

Where verification will fail hardest

Even in capable states, some share of subjects ends up on the paperwork path. The compliance-burden index marks where that path is most likely to defeat eligible enrollees. It's a composite of three predictors from prior Section 1115 implementations (Arkansas 2018, Georgia Pathways 2023–): limited-English households, low broadband access, and concentrated seasonal, gig, and hospitality employment. Counties above the national median aren't where people work less; they're where the paperwork fails more often.

Verification-burden index (centered on national median)



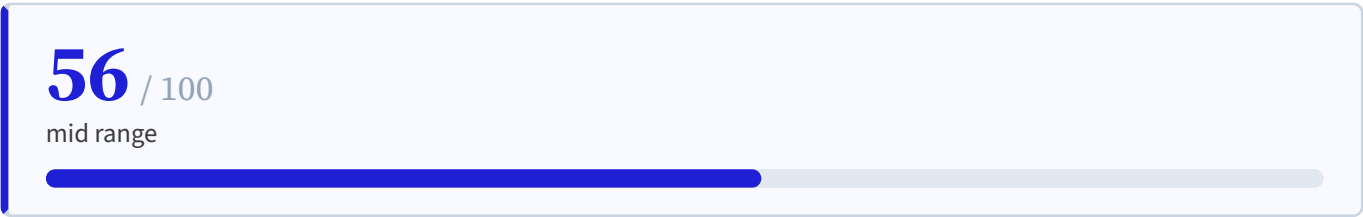
County-level estimates, IA

Highest-burden counties in Iowa

County	Burden index	Subject enrollees
Van Buren County	+12.9	422
Davis County	+10.3	477
Crawford County	+9.0	914
Lucas County	+8.1	469
Wayne County	+8.0	375

Ex parte verification capability

Ex parte verification confirms an enrollee's hours or exemption against data the state already holds, so they never have to prove it themselves. It is the single biggest lever on the loss number above, and it has to be built before December 31, 2026. Here is how Iowa scores today.



Observed ex parte	59 / 100	Realized auto-renewal rate, CMS unwinding data 2023–2026 (50% of composite)
Data sources	55 / 100	Work-requirement-specific feeds (35% of composite): wage 50%, frailty 30%, other 20%
Core capability	43 / 100	Vendor-tier plumbing, shown for context (not in the composite)

The 0–100 composite leads with Iowa's observed ex parte rate: the share of Medicaid renewals it actually auto-completed during the 2023–2026 unwinding (CMS eligibility-processing data), a realized measure of whether it can clear an enrollee without making them act. That carries 50%. Data sources (the work-requirement-specific feeds income renewals didn't test: UI wage match, Medicaid claims and behavioral-health MCO, and the rest of the auto-match feeds) carry 35%, and documented prior Section 1115 work-requirement churn carries 15%. Eligibility system: ABE.

Higher scores mean more enrollees can be verified against existing records without re-proving status. We don't publish a per-state predicted churn rate: the gap between "data source available" and "data source operationally integrated by the December 2026 deadline" is large and not yet observable. The score moves through operational work in 2026, not through anything that happens after the rule activates.

What to do before December 31, 2026

- 1 **Ex parte plumbing matters more than anything else on this list.** The 74,447 projected losses for Iowa are largely set before December 31 by how many data sources flow into the eligibility decision automatically. Field outreach after the rule activates can recover individual enrollees but cannot meaningfully change the aggregate number.
- 2 Stand up UI wage match in the eligibility system if it's not already operational. UI wage data is the single most important data source — it auto-verifies the ~45% of subject enrollees who are working but would otherwise have to upload paystubs every month.
- 3 Coordinate with managed-care plans to flag medically-frail enrollees up-front. Adding the disability-determination flag at the eligibility layer (not at verification) removes the ~19% of the loss-by-2034 picture that's medically frail without a recent provider letter.
- 4 Your single largest exempt-but-at-risk group is **Medically frail without auto-match** (about 15,823). The feed that clears it: a Medicaid-claims and health-information-exchange pull for chronic conditions.
- 5 Cross-reference SNAP work-compliance rolls. Those enrollees are categorically exempt under §1902(xx)(2)(F) — the bill explicitly recognizes the overlap. Estimated to remove ~8% from the verification load nationally.
- 6 State has declined the high-unemployment hardship exception. Counties with sustained 8%+ unemployment will lose coverage despite work being unavailable. Confirm this is the policy intent.
- 7 Build (or harden) a verification portal that accepts paystubs, school transcripts, training-program letters, and caregiver attestations. Nationally, about 20.0% of subject enrollees have a child under 14 in the household; caregiver self-attestation prevents most needless terminations.
- 8 Ship a Q4 2026 comms plan now. Most procedural disenrollments are people who never saw the verification letter. Postal address validation, MCO-channel outreach, and a SMS/email reminder schedule reach far more enrollees than any post-activation door-knocking campaign.
- 9 Early implementer status: 2026-12-01. Document lessons learned for peer states and CMS.
- 10 Geographic targeting (useful for staffing, but a lower priority for moving the loss number): 10 counties (10.1% of Iowa's counties) hold 50% of the subject pool: Polk County, Linn County, Johnson County, Scott County, Story County, and others. Concentrate field staff and county-office support there. Note that most of the enrollees a field campaign would reach in these counties have already been terminated by the verification system; staffing there speeds recovery rather than preventing the initial loss.

Peer states

Comparable expansion populations, solving the same problem.

State	Subject pool	Burden index
West Virginia (WV)	159,195	+3.0
Minnesota (MN)	198,564	-1.7
Hawaii (HI)	122,248	-0.8

Every Iowa county, with subject count, projected loss, rate, and burden index, is in the CSV:

[Download IA county breakdown \(CSV\) →](#)

Methodology, in brief. State counts are calibrated to CMS T-MSIS enrollment and the CBO national total; within-state detail and exemptions come from per-state ACS PUMS 2020-2024, SAMHSA, and BJS, with Section 1931 parents removed as covered outside expansion. The ex parte composite leads with

the state's observed 2023-2026 renewal rate. Full methodology, sources, and limitations: gizmowarehouse.org/gizmo/medicaid-work-requirements.
Corrections: joe@group17a.com. Built by 17A.